

## Ice Wave Patches

If you have been diagnosed with PCOS or polycystic ovarian syndrome, the Ice Wave Patches are an easy and effective way to support your ovaries. Preventing OHSS or ovarian hyper stimulation syndrome is essential if you are planning on a fresh or frozen IVF transfer.

### How Do These Patches Work?

Your body emits heat, including heat in the infrared spectrum. The Ice Wave patches are designed to trap this infrared energy when placed on the body, which causes them to reflect it back to stimulate specific points on the skin that can promote repair on a cellular level.

Think of these patches like solar panels for your body.



One sleeve of Ice Wave patches contain 30 patches total. There are 15 tan patches and 15 white patches in one sleeve. One sleeve is equal to 15 days of phototherapy if you are using them for 12 hours on and 12 hours off.

You are going to place the white patch on the right side of your lower abdomen and the tan patch on the left side of your lower abdomen. White right, tan left (WRTL).

Suggested length of time to use the Ice Wave Patches is one to three months for optimal benefits. One month is equal to two sleeves of patches. If you purchase three sleeves at a time, you will receive the lowest price per sleeve.

Make sure you are well hydrated and have enough minerals in your diet or supplement schedule to optimize the bioelectrical conductivity of these patches.

Visit: [LifeWave.com/waterslight](http://LifeWave.com/waterslight) or [JenniferWaters.net](http://JenniferWaters.net) for more information